miessence skin profiles

miessence® products are designed around four different skin profiles. You may find you'll want to mix-and-match different products from different profiles to perfectly suit your skin, which is fine! By browsing through the profiles below you can ascertain which one you feel is most compatible with your skin right now.

balancing

normal combination profile even skin tone

- fine to average pore size
- some enlarged pores
- some T-zone oiliness
- occasional breakouts
- some blackheads

Some herbs used:

Organic Calendula: soothes, heals, restores **Organic Chamomile**: antimicrobial, calms, soothes

Organic Marshmallow: softens, revitalises, emollient, hydrates

Organic Olive Leaf: repairs, tones, firms, antioxidant

Organic St Johns Wort: moisturises, astringent, refreshes, tones

Organic Lavender: soothes, relaxes, regenerates **Organic Rosehip Seed**: regenerates, moisturises, heals



rejuvenating

dry mature profile loss of elasticity

- · varying pore size
- some dry patches
- no sheen/dull complexion
- can feel tight and dry
- may have surface capillaries



Organic Gotu Kola: anti-wrinkle, anti-aging, heals
Organic Hops: stimulates, tones, dark circle treatment
Organic Horsetail: stimulates, tones, firms, anti-free radical
Organic Nettle: circulation enhancer, anti-inflammatory, astringent

Organic Geranium: tones, softens, soothes, balances

Moroccan Rose: anti-wrinkle, regenerates
Organic Avocado: moisturises, nourishes, softens
Organic Rosehip Seed: regenerates, moisturises, heals



purifying

oily problem profile oily sheen

- breakouts/blemishes
- congestion/clogging
- open pores
- blackheads
- redness

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Some herbs used:

Organic Burdock: astringent, softens, soothes, purifies

Organic Echinacea: purifies, stimulates, calms

Organic Nettle: anti-inflammatory, astringent, strengthening

Organic Plantain: astringent, soothing, healing

Organic Witch Hazel: draining, astringent, anti-free radical, protective

Organic Tea Tree: astringent, regulates, repairs

Organic Lemon Myrtle: astringent, antibacterial, repairs **Organic Jojoba**: nourishes, moisturises, anti-free radical



soothing

sensitive profile may have surface capillaries

- can feel irritated, itchy and hot
- can appear blotchy
- may have flaky patches
- allergic reactions common
- flushed and red easily

Some herbs used:

Organic Chamomile: antimicrobial, calms, soothes

Organic Horsechestnut: decongests, drains broken capillaries, strengthens

Organic St Johns Wort: moisturises, astringent, refreshes, tones Organic Witch Hazel: drains, astringent, anti-free radical, protects

Carrot Seed: regenerates, tones, heals

German Chamomile: anti-bacterial, wound-healing, painrelieving

Organic Rosehip Seed: regenerates, moisturises, heals



